



## **Rose Plate, Rose Bowl & McDermott Shield Rules 24/25**

- **Teams can only enter into EITHER the Rose Bowl (Div 1) or the Rose Plate (Div 2).**
- **By entering the Rose Bowl, Rose Plate or McDermott Shield you, your players and spectators are agreeing to adhere to the code of conduct below. Failure to do so may result in your team being removed from the competition. We advise sharing this code of conduct with all players and parents.**
- Teams can choose to enter the Rose Bowl or to enter the lower division which will be the Rose Plate. These divisions have been added to allow for an appropriate level of competition for all players and to allow teams that otherwise may struggle the opportunity to progress through to quarter finals, semi-finals etc.
- There is no small schools bracket for the Rose Bowl, if no natural progression occurs through the competition then a separate tournament will be held to decide who will progress through to the ESFA cup.
- **There is no progression from the Plate to the Bowl.**
- 7 players on pitch including goalkeeper, rolling subs are allowed from your squad of 10. The referee must be informed of any changes that are made. **Please note the squad size must not be exceeded.**
- League group games to be 20 minutes each way (knockout stages- if in the event of a draw after normal time, 5 minutes each way of extra time. If still tied then 5 penalties per team with sudden death to follow.)
- Normal football rules for these age groups apply, including no offside. From 2024/25 season there is a **NO HEADING RULE HIGHLIGHTED BELOW APPLIES TO THE MCDERMOTT SHIELD ONLY.** The Rose Bowl & Rose Plate will continue to play headers & regular throw ins.
- **Deliberately heading the ball is an offence punishable by an indirect free kick. The indirect free kick is taken at the point where the ball was deliberately headed, except where a player deliberately heads the ball within their own penalty area. In this case the indirect free kick will be taken from nearest side line of the penalty area where the offence took place.**
- **When the whole of the ball goes out of play a pass-in/dribble-in is awarded rather than a throw in. The player that passes/dribbles in MAY touch the ball again before it is touched by another player.**
- **At the moment of delivering the ball, the ball must be stationary on the touchline where it went out & only the kicker may be off the pitch. All opponents must stand at least 5 yards from the ball.**
- **A goal cannot be scored directly from a pass-in.**

- **The ball is in play when it is kicked and clearly moves.**
- From a goal kick the opposing team must retreat behind the half way line.
- Back pass rules applies (Goalkeepers cannot pick up the ball when receiving it from a player deliberately). An indirect free kick will be awarded.
- The winners of the group will go through to the knockout stage. Depending on group size top 2 may advance, this will be clarified when the groups are drawn.
- League games - 3 points for a win, 2 for draw and 1 for a loss.
- If two teams are joint on points at the end of all of the group games, the head to head result will decide which team goes through. If tied on head to head then the team who have conceded the least number of goals will progress. If tied on number of goals conceded then goal difference will be used. If still tied at this point, a play off match will take place.
- **If a team achieves a 5 goal lead in any match the match is officially over at that point with that score being brought forward. Schools are encouraged to continue playing but to change the rules, e.g. mix the teams or add more players onto the losing side or implement different rule restrictions for the winning side, however the game MUST NOT continue as it had been prior.**
- Deadlines are final and any games not played will be registered as 0-0, unless a school can show they have tried to arrange the game and the opposition have either not replied or pulled out on an arranged date and been unable to agree upon a new date. In this scenario the team who did not pull out will be awarded a 1-0 win.
- If you are withdrawing from the competition inform the below contact and any schools you are due to play.
- If you are having problems getting in touch with schools let us know and we may be able to help.
- If you have any enquires on rules or fixtures contact Kirsty on [kirsty.naismith@castlerock.org.uk](mailto:kirsty.naismith@castlerock.org.uk)

Mixed Rose Bowl Year 4/5	Girls' McDermott Shield Year 3/4
<ul style="list-style-type: none"> <li>• Entries close 17<sup>th</sup> January 2025 12pm- enter via website</li> <li>• Draw at PEC Day – 23<sup>rd</sup> January 2025</li> <li>• Group games to be played by 11<sup>th</sup> April 2025.</li> <li>• Quarter/Semi Finals to be played by May Half Term Break 2025.</li> <li>• Finals to be played at Coalville Town on the 25<sup>th</sup> June 2025.</li> <li>• Play with a size 3 ball</li> </ul>	<ul style="list-style-type: none"> <li>• Entries close 17<sup>th</sup> January 2025 12pm - enter via website</li> <li>• Draw at PEC Day – 23<sup>rd</sup> January</li> <li>• Group games to be played by 11<sup>th</sup> April 2025.</li> <li>• Quarter/Semi Finals to be played by May Half Term Break 2025.</li> <li>• Finals to be played at Coalville Town on the 25<sup>th</sup> June 2025.</li> <li>• Play with a size 3 ball</li> </ul>

Estimated timings for the finals below.

Rose Plate at 12pm, McDermott Shield at 2pm and Rose Bowl at 4pm.

## **Respect Code of Conduct/Spirit of the Games**



We all have a responsibility to promote high standards of behaviour in the game. This event is supporting The FA's 'Respect' programme to ensure football can be enjoyed by everyone in a safe and positive environment.

### **For players- when playing football, I will:**

- Always do my best, even if we're losing or the other team is stronger
- Play fairly - I won't cheat, complain or waste time
- Never be rude to my team-mates, the other team, the referee, spectators or my coach/team manager
- Do what the referee tells me
- Shake hands with the other team and referee at the end of the game
- Listen to my coach/team manager and respect what he/she says

### **For spectators and parents/carers & coaches I will:**

- Remain outside the field of play and behind the Designated Spectator Area/Coaching Area (where provided)
- Not stand behind the goal
- Never engage in, or tolerate, offensive, insulting or abusive language or behaviour
- Always respect the match officials' decisions
- Applaud effort and good play as well as success

In addition, when attending youth games I will:

- Remember that children play for FUN

- Let the coaches do their job and not confuse the players by telling them what to do
- Encourage the players to respect the opposition and match officials
- Never criticise a player for making a mistake: mistakes are part of learning